STUDENT LEADERSHIP COURSE

Leadership Essentials

Facilitator Guide

Five approximately 30-minute sessions plus an approximately 35-36-minute final session, built for conversation and real-world practice.

USE THIS GUIDE IN THE ROOM

Each week uses one video from start to finish. In Weeks 2-6, the Previous Challenge Check-In is the first five seconds. A cue is visible for **only five seconds**; that is only the leader's window to press pause.

Check-In Timing: The slide shows a three-minute check-in. Use this as the standard time. If students are actively sharing, keep the video paused for up to six minutes total. Resume sooner if the conversation reaches a natural stopping point.

BEFORE THE COURSE

- [ ] Print one Challenge Card per student.
- [ ] Print the BEFORE and AFTER Self-Assessments.
- [ ] Prepare the videos, slides, and pens.
- [ ] Choose pairs, trios, or whole-group discussion.

APPROXIMATE VIDEO LENGTHS

Week 1	About 4 minutes
Week 2	About 4 minutes
Week 3	About 4 minutes
Week 4	About 3 minutes
Week 5	About 5 minutes
Week 6	About 5 minutes

Short teaching is intentional: every week reserves 5 minutes for discussion, 10 minutes for the scenario, and 5 minutes for challenge planning. Lengths are rounded to the nearest minute.

SAME THREE SCENARIO QUESTIONS

1. What did they do well? 2. What did they do wrong?
3. What should they have done differently?

SPECIAL WEEKS

Week 1 begins with 6 minutes for the BEFORE Self-Assessment. **Week 6** also includes the AFTER Self-Assessment, so plan approximately 35-36 minutes.

TRACKING GROWTH

Use the Self-Assessments, reflections, and Challenge Cards together. “No opportunity” means the situation did not come up; it is different from not taking an opportunity.

WEEK 1 · SERVE

Leadership Isn't About You

John 13:1-17 (primary) · Mark 10:45

MAIN POINT **Jesus shows that leadership is about serving others, not being important.**

ONLY 5 SECONDS **Pause immediately when each cue appears or it will disappear after five seconds. The five seconds is only your window to press PAUSE; the times below tell you how long to keep each cue paused. Week 1: PLAY lesson → PAUSE Discussion → PLAY → PAUSE Scenario → PLAY → PAUSE Challenge.**

1

0-6 MIN · BEFORE THE VIDEO

Complete the BEFORE Leadership Self-Assessment.

Give students the six-question assessment and the two beginning reflection questions. Let them know there are no right or wrong answers.

2

6-10 MIN · START THE ONE VIDEO

Press play and let the lesson run. Video: about 4 min

Do not pause during the lesson. The same video continues into the first five-second cue slide.

3

10-15 MIN · PAUSE NOW - DISCUSSION QUESTIONS (ONLY 5 SEC)

This slide lasts only five seconds. Pause immediately.

1. Why did Jesus wash His disciples' feet?
2. Why is it sometimes hard to serve people?

NEXT Press play when the discussion is finished. Pause again as soon as the Real-Life Scenario slide appears.

4

15-25 MIN · PAUSE NOW - REAL-LIFE SCENARIO (ONLY 5 SEC)

The Unnoticed Student

1. What did they do well?
2. What did they do wrong?
3. What should they have done differently?
4. Was Maya wrong to go hang out with her friends? Why or why not?

LEADER NOTE Explore the difference between completing an assigned task and remaining attentive to people nearby. Invite students to explain their reasoning about Maya's choice.

NEXT Press play when ready. Pause again as soon as the Weekly Challenge slide appears.

5

25-30 MIN · PAUSE NOW - WEEKLY CHALLENGE (ONLY 5 SEC)

The Unasked Favor

Three times this week, serve someone for at least 10 minutes without being asked.

Examples: clean a shared space, help a family member, carry equipment, or set up and tear down chairs. Have each student name one place they will look for an opportunity.

VIDEO Leave it paused while students plan. Use the timer shown on the slide, then press play to finish.

BEFORE THEY LEAVE **Students record Week 1 on the Six-Week Challenge Card and take the card home.**